



*Parade and Field
Hair Tutorial*

Hair Tools

- * Hair Brush/Hair Comb
- * (complements your hair color)
- * Hair ties (complements your hair)
 - Both mini and large
- * Hairspray/Hair Gel
- * Sock bun (complements your hair color)
- * Bobby pins
- * Toothbrush
- * Red bow



Adjusted Hair*:

*For both **FIELD** and **PARADE** Hair, the braid should now go **ACROSS** your head before wrapping around it. Note that any of the old pictures are outdated and will be promptly replaced within time.



Also note that my hair is down in this picture, however it should NOT be down!!!

Parade Look*:

*Besides the position of the part and how the braid should now WRAP around your head, the bun part of your parade hair stays the same.



Step One: Preparation

Brush your hair with your hairbrush

- * Make sure that you have no knots/tangles
- * Using water is recommended



Step Two: Side Part

Split your hair to your left side with your comb

- * The part should begin from the tip of your outer eyebrow (closest to your right ear)
- * Use the end of the comb (the pointy part)
- * Make sure that your side part is straight
- * Grab the two hair sections with hair ties



Step Three: Gelling

1. Start adding gel to your hair to reduce flyaways/baby hairs from standing up
2. Using your comb again, part a small section of hair at the top of your head
 - a. This will be the beginning of your Dutch Braid



Step Four: Beginning

- * Split the section of hair into 3 equal parts
- * Remember! This is a Dutch Braid!!!



Step Five: Braiding 1

1. Cross the right strand under the middle strand
2. Then cross the left strand under the new middle strand
 - a. It is very important that you cross these 2 strands under instead of over, like in a standard braid



Step Six: Braiding 2

1. Add a thin section of hair from the left/bottom side before crossing it under the middle one
 - a. Eventually add from the right/top side
 - b. As you do this braid, a new part should split across your head as shown in the picture





Step Seven: Braiding 3



- 1 When braiding, you must go straight **ACROSS** your head before you curve it; The braid should wrap around your head
 - 2 Continue the Dutch Braid until you have reached an area slightly lower than the crown of your head
 - a. When you have reached this area, continue braiding the strand (you should no longer be grabbing hair from your head) before securing it with a mini hair tie
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Step Nine: Finishing

Grab your remaining hair at the crown (very top of your head)

- * Tie it tightly with a hair tie (the big ones, not scrunchies though...)



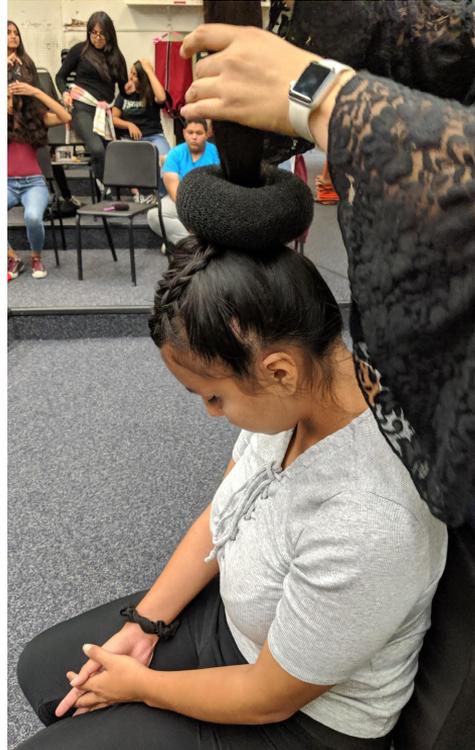


Competition Ready!

With a ton of hairspray, your hair should now be Field Show ready! Continue on to complete the Parade Hair look!

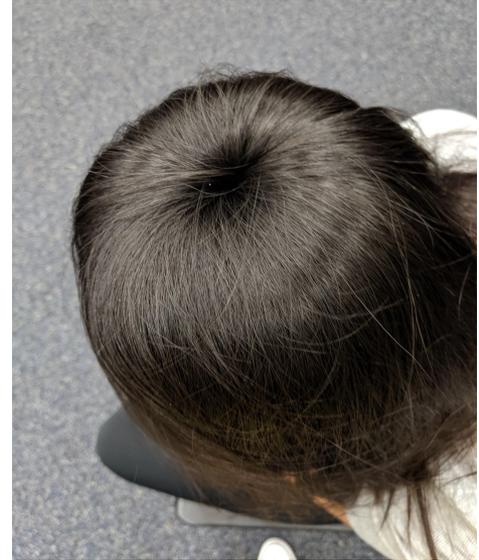
Step Ten: Sock Bun

1. Put on your sock bun through your ponytail
2. Even out your hair around the sock bun
 - a. Add gel



Step Eleven: The Bun 1

1. Carefully put on a hair tie around the sock bun
 - a. Make sure your hair does not “puff” out of the bun



Step Twelve: The Bun 2

Grab the hair that is sticking out under the hair tie and divide it into two sections



Step Thirteen: French Braid

1. Braid each section into a French Braid
 - a. Use the mini Hair Ties to grab each braid
 - b. Wrap around the bun
2. Use bobby pins to secure braid around the bun



Step Fourteen: Almost Done

- * Hairspray your entire head
- * Use gel too, if desired
 - A toothbrush can be used to really flatten down your hair



*Toothbrush is optional





Parade Ready!

Attach your red bow and spray on a ton of hairspray!!!

